

Sarah's Yorkshire Bike Rides

Terms & Conditions

May 2022

1. The principal Sarah's Yorkshire Bike Rides (SYBR) ride guide is Sarah Heartfield, who is also a registered First Aider. Contact details are: Phone: 07876 345872; Email: sarah4tet@hotmail.co.uk The right is reserved for the use of trusted alternative ride leaders if necessary.
2. All bookings should be made via Sarah in advance with full payment. All riders booked on to a ride must be at least 16 years of age on the day of the ride, unless otherwise arranged. Riders under 18 years of age will normally require parental/guardian consent. No refunds will be given for cancellations for whatever reason, unless SYBR is unable to lead the booked ride.
3. All rides are guided rides on routes using public roads. Routes incorporate scenic, minor roads as much as possible. Routes will as far as possible be tailored to each group and extreme climbs will be avoided unless specifically requested. Participants should be satisfied that they are fit enough for their selected ride(s) and that their bikes are suitable for the Yorkshire terrain (gearing, etc). The routes will not be waymarked. Route details will be provided by the ride leader either on the day or immediately prior to it. No matter what the mix of the group, no rider will be left behind. Riders are expected to complete the ride with the group; riders who choose to leave the group at any point do so at their own risk.
4. **All riders participate at their own risk and SYBR takes no responsibility whatsoever for any incident, accident, loss or injury however caused.** Riders are expected to follow the Highway Code (2022 update) and any other legal, statutory or advisory guidance. All riders are responsible for their own safety and the safety of those around them; riders should never ride more than 2-abreast and should line out singly where required. Ride groups will consist of 6 riders or less (including the ride guide), and riding etiquette will be included in pre-ride briefings. Rides will generally last between 2 and 4 hours, depending on the route and including a café stop. SYBR does not provide insurance cover for riders and it is suggested that riders take out their own insurance cover for themselves and all other riders in their party.
5. The rides are NOT races or sportives. All are welcome and the emphasis is on participants meeting up for a sociable and enjoyable ride. This includes riders on road bikes, mountain bikes, hybrid bikes, gravel bikes, folding bikes, recumbent bikes, bikes modified for disabled riders, tandems and e-bikes provided always that they are roadworthy and properly maintained (see below). Riders intending to ride an e-bike should ensure that the battery is charged and capable of completing the route distance and coping with the expected terrain. It is recommended that e-bike riders carry a spare battery.

6. All riders should meet at the agreed ride start at the advertised time. Rides will start promptly after a pre-ride briefing. Vehicles are left in a car park or on the street entirely at participants' risk.
7. Unless otherwise arranged, riders should provide their own bicycles and equipment. Riders should ensure that their bicycles are well-maintained in a legal and roadworthy condition and are adjusted to suit the rider and the proposed ride. Lights are highly recommended, even in daylight hours. In the event of mechanical problems the ride leader will assist as far as is reasonably practicable, but riders are responsible for ensuring they carry suitable spares and tools to deal with mechanical issues during the ride.
8. Yorkshire weather is notoriously fickle, and all participants should be prepared for all types of weather. It should be remembered that even on warm days it can feel cold cycling downhill and riders should wear/carry clothing suitable for the weather conditions and the route on the day. Without exception, all riders must wear a suitable and well-fitting cycling helmet (a hard-shell helmet conforming to CE standards EN1078). Riders should beware of slippery road surfaces if the weather is, or has been, wet.
9. The following minimum equipment is recommended for each ride: suitable wet weather gear, a full drink bottle, an energy bar or similar snack, a spare inner tube, tyre levers, a small pump, a mobile phone, a small amount of money/credit cards (all rides include a café stop) and any extra clothing to complete the proposed ride.
10. SYBR reserves the right to refuse to lead riders not suitably equipped or on bicycles in unacceptable condition.
11. All participants should be satisfied that they are fit enough to tackle the proposed route and have no health condition(s) that might compromise their ability to complete their chosen ride. Riders unused to exercise should seek medical advice before participating. Any riders who feel unwell during a ride will be advised to STOP and rest. Riders should carry details of blood group, any medical conditions and an emergency contact number on each ride.
12. Photographs/short video clips of rides and riders will be taken during rides and may be used for SYBR publicity purposes, including on the SYBR website/social media. If riders do not wish to be filmed or photographed please make the person behind the camera aware of this at the time. Photographs/recordings will not be distributed to participants or be available for download until they appear in the public domain. SYBR owns all intellectual property and moral rights in pictures/recordings taken by the ride leader. By taking part in a ride riders release SYBR from any obligation to pay compensation or any other fee in respect of any appearance in any photograph/recording.

13. SYBR collects riders' personal details in order to administer the rides and the bookings efficiently and to communicate with riders about their rides and future events. Personal details are not shared with any third parties unless with explicit consent. If riders wish to opt out of any communications that are sent then please contact Sarah via the links above.

I have read and agree to SYBR Terms & Conditions.

Signed: _____

Print Name: _____

Parent (U18s): _____
Guardian

Date: _____